



LIMITLESS

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an aura. protocol

nature's multivitamin 92 trace vitamins & minerals



icelandic seamoss



Rich in calcium, iodine, potassium, phosphorous and vitamins - used to remedy numerous conditions.

bladderwrack seaweed



Boosts the immune system & increases energy. Also used for joint pain, weight loss, arthritis, anxiety, blood cleansing, and more.

kelp seaweed



Source of Vit. A, B, C, D & E. As well as minerals like zinc, iodine, copper, magnesium, calcium potassium. (10x more calcium than milk)

NMN | resveratrol | pterostilbene low-emission rocket fuel

pterostilbene

Pterostilbene is the antioxidant in blueberries



resveratrol

Delays heart and skeletal muscle ageing, protects against age-related memory decline and motor dysfunction, boosts cognition and mitochondrial health.

NMN

A Vit. B3 derivative that boosts NAD+ levels. Capable of reversing mitochondrial dysfunction, increasing insulin sensitivity, and skyrocket energy levels & cognitive function.



methyl B12 & folate your body's energy converters



methylation

Undergoing a process called methylation makes substances more easily absorbed by the body.

methyl B12

Vital for nerve & brain function, energy conversion, and a cornerstone for red blood cell, white blood cell, and platelet formation. **Extremely** common deficiency.

methyl folate

Crucial for cell growth and DNA synthesis & repair. Supports the conversion of homocysteine to methionine.

total eclipse +/- magnesium nature's sleeping pill

total eclipse

valerian root, passion flower, lemon balm, chamomile, L-theanine, st john's wort, lavender, magnesium glycinate, GABA 98%, saffron, B6 P5P.



magnesium

Every cell in the human body needs magnesium to function. This combination is highly potent (Mg Glycinate) and crosses the blood-brain carrier (Mg L-Threonate), alongside promoting blood sugar regulation (Mg Taurate).



The following supplements are not essential and should be taken at your own discretion. These statements have not been evaluated by the Food and Drug Administration. The products listed are not intended to diagnose, treat, cure, or prevent any disease.

Sparked a desire to dig deeper?



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to watch Becoming Limitless