

nature's multivitamin 92 trace vitamins & minerals



icelandic seamoss



Rich in calcium, iodine, potassium, phosphorous and vitamins - used to remedy numerous conditions.

bladderwrack seaweed



Boosts the immune system & increases energy. Also used for joint pain, weight loss, arthritis, anxiety, blood cleansing, and more.

kelp seaweed



Source of Vit. A, B, C, D & E. As well as minerals like zinc, iodine, copper, magnesium, calcium potassium. (10x more calcium than milk)

NMN | resveratrol | pterostilbene low-emission rocket fuel

pterostilbene

Pterostilbene is the antioxidant in blueberries



resveratrol

Delays heart and skeletal muscle ageing, protects against age-related memory decline and motor dysfunction, boosts cognition and mitochondrial health.

NMN

A Vit. B3 derivative that boosts
NAD+ levels. Capable of reversing
mitochondrial dysfunction,
increasing insulin sensitivity, and
skyrocket energy levels &
cognitive function.



methyl B12 & folate your body's energy converters



methylation

Undergoing a process called methylation makes substances more easily absorbed by the body.

methyl B12

Vital for nerve & brain function, energy conversion, and a cornerstone for red blood cell, white blood cell, and platelet formation. **Extremely** common deficiency.

methyl folate

Crucial for cell growth and DNA synthesis & repair. Supports the conversion of homocysteine to methionine.

total eclipse +/- magnesium nature's sleeping pill

total eclipse

valerian root, passion flower, lemon balm, chamomile, ltheanine, st john's wort, lavender, magnesium glycinate, GAGA 98%, saffron, B6 P5P.





magnesium

Every cell in the human body needs magnesium to function.
This combination is highly potent (Mg Glycinate) and crosses the blood-brain carrier (Mg L-Threonate), alongside promoting blood sugar regulation (Mg Taurate).



